



Capistrano Dance

2024-25 Dance and Team Schedule

Registration opens July 15th, 2024

(Rev 8/27/2024)**Subject to Change

Day		Studio A		Studio B		Studio C
Monday	3:30	Rising Stars (SK)	3:00		3:00	
	4:00	Ballet/lyrical combo (Ages 5-7) (SK)	4:00	Beginning Jazz (7-10) (IT)	4:00	Intermediate Contemporary (VB)(10-12)
	5:00	Beginning Ballet 7-9 (SK)	5:00	Mini Hip Hop (5-7 yr) (VB)	5:00	Int/Adv Tap (IT)
	6:00	Senior Lyrical (JD)	6:00	Intermediate Junior Hip Hop (9-11) (EM)	6:00	Intermediate Ballet (ages 9-13) (SK)
	7:00	Invitational Sr./Teen Ballet/Pointe (SK) 1.5 hr	7:00	Int/Adv Hip Hop (11-14 yrs) MS (EM)	7:00	Solos/Duet/Trios (JD)
	8:30	Senior Jazz Team (LF)	8:30		8:00	
	9:00					
Tuesday	4:00	Beginning Hip hop (AT)	4:00	Preschool Dance (SK)	4:00	Ballet/Tap Combo Ages (5-7) (JD)
	5:00	Int/Adv Jazz Tech/Combo (JD)	5:00	Beginning Tap (AT) (8-11)	5:00	Beginning Hip Hop (8-11) IT/TD
	6:00	Advanced Hip Hop 14+ (TD/IT)	6:00	Junior hip Hop (AT)	6:00	Beginning Lyrical (8-10) yrs) (JD)
	7:00	Senior/Teen Improv 13+ (JD)	7:00	Pre-pointe/2 nd year pointe (SK)	7:00	Beg/Int Jazz (9+) (TD/IT)
	8:00	Senior Musical theater (JD)	8:30	Senior/Teen Lyrical (AT)	8:00	
	9:00					
Wednesday	4:00	Int Jazz/turns/tricks (10-13 yrs) JD	4:00	Preschool Dance (LF)	4:00	Beg/Int Jazz Fusion (AT)
	5:00	Junior Large Musical theater (AT)	5:00	Adv Ballet 13+ (JD)	5:00	Trio/solo (LF)
	6:00	Senior Jazz Tech JD	6:00	Intermediate Lyrical (9-12) (LF)	6:00	Mini hip hop (5-7) (AT)
	7:00	Senior Contemporary Team (JD)	7:00	Intermediate Hip Hop (AT)	7:00	
	8:00	Senior Hip Hop Team (LF)	8:00		8:00	
Thursday			2:30	Preschool Dance (JD)		
	4:00	Mini Jazz Tech (6-9 yrs) (SC)	4:00	Junior Improv (ages 9+ (JD)	4:00	Ballet /Tap (5-7) SK
	5:00	Junior Small MT Team (JD)	5:00	Intermediate Ballet 10 + (SK)	5:00	Junior/Petite lyrical team (LF)
	6:00	Teen Pom Jazz Tech (LF)	6:00	Intermediate Tech/combo Jazz (JD) (9-12)	6:00	Beginning Ballet (7-9) (SK)
	7:00	Teen Jazz Team (LF)	7:00	Solos / (JD)	7:00	
	8:00	Teen Contemporary (JD)				
Friday	3:30	Beginning Acro- (Valentina)	4:00	Stretch and Strength (SP) All Levels	4:00	
	5:00	Advanced Acro – (Valentina)	5:00	Beg/Int TEEN Ballet (SK)	5:00	Intermediate Lyrical (SP)
	6:30	Intermediate Acro (Valentina)	6:30	Beg/Intermediate Ballet (Ages 8-11) (SK)	6:00	
Saturday	9:30	Floor Pilates (SP) All levels	9:30	Preschool dance (SK)		
	10:30	Sr/Teen Ballet/Pointe (SK)	10:30	Int/Adv Ballet (SP)		Beg/Int Tap (VB)
	12:00		11:30		11:30	Beginning Hip Hop VB)

SK – Miss Sharon, LF – Miss Laura, JD – Miss Jasmine, AT – Mr. Anthony, EM – Mr. Edwin,
IT – Miss Isabella, SP – Miss Suzy. VB – Miss Viktoria. TD – Miss Tessa