



Capistrano Dance

2024-25 Dance and Team Schedule

Registration opens July 15th, 2024

(Rev 7/14/2024)**Subject to Change

| Day | | Studio A | | Studio B | | Studio C |
|------------------|-------|--|-------|--|-------|--|
| Monday | 4:00 | Beginning Jazz (7-10) (IT) | 4:00 | Intermediate Contemporary (CL)(10-12) | 4:00 | Ballet/lyrical combo (Ages 5-7) (SK) |
| | 5:00 | Beginning Ballet 7-9 (SK) | 5:00 | Int/Adv Tap (IT) | 5:00 | Mini Hip Hop (5-7 yr) (CL) |
| | 6:00 | Intermediate Junior Hip Hop (9-12) (EM) | 6:00 | Senior Lyrical (JD) | 6:00 | Intermediate Ballet (ages 8-12) (SK) |
| | 7:00 | Int/Adv Hip Hop (11-14 yrs) MS (EM) | 7:00 | Invitational Sr./Teen Ballet/Pointe (SK) 1.5 hours | 7:00 | Solos/Duet/Trios |
| | 8:00 | Teen Contemporary Team | 8:30 | Senior Lyrical Team | 8:00 | |
| | 9:00 | | | | | |
| Tuesday | 4:00 | Beginning Hip hop (AT) | 4:00 | Preschool Dance (SK) | 4:00 | Ballet/Tap Combo Ages (5-7) (JD) |
| | 5:00 | Int/Adv Jazz Tech/Combo (JD) | 5:00 | Int/Adv Ballet (10-13) SK | 5:00 | Beginning Tap (AT) (8-11) |
| | 6:00 | Junior /teen hip Hop | 6:00 | Advanced Hip Hop 14+ (CL) | 6:00 | Intermediate Lyrical (10-12) yrs) (JD) |
| | 7:00 | Senior/Teen Improv 15+ (JD) | 7:00 | Pre-pointe/2 nd year pointe (SK) | 7:00 | Beg/Int Jazz (9+) (CL) |
| | 8:00 | Senior Musical theater | 8:30 | | 8:00 | |
| | 9:00 | | | | | |
| Wednesday | 4:00 | Int Jazz/turns/tricks (10-13 yrs) JD | 4:00 | Preschool Dance (LF) | 4:00 | |
| | 5:00 | Junior Large Musical theater (AT) | 5:00 | Adv Ballet 13+ (JD) | 5:00 | Petite Jazz team (LF) |
| | 6:00 | Senior Jazz Tech JD | 6:00 | Intermediate Lyrical (9-12) (LF) | 6:00 | Mini hip hop (5-7) (AT) |
| | 7:00 | Production Team (Staff) | 7:00 | | 7:00 | |
| | 8:00 | Senior/Teen Hip Hop Team | 8:00 | | 8:00 | |
| | 9:00 | | 9:00 | | 9:00 | |
| Thursday | | | 2:30 | Preschool Dance (JD) | | |
| | 4:00 | Junior Improv (ages 9+ (JD) | 4:00 | Mini Jazz Tech (6-9 yrs) (SC) | 4:00 | Ballet /Tap (5-7) SK |
| | 5:00 | Junior Contemporary Team | 5:00 | Intermediate Ballet 10 + (SK) | 5:00 | Petite lyrical team |
| | 6:00 | Teen Pom Jazz Tech (LF) | 6:00 | Intermediate Tech/combo Jazz (JD) (9-12) | 6:00 | Beginning Ballet (7-9) (SK) |
| | 7:00 | Teen Jazz Team | 7:00 | | 7:00 | |
| | 8:00 | Senior Jazz Team | | | | |
| Friday | 3:30 | Beginning Acro- (Valentina) | 4:00 | Stretch and Strength (SP) All Levels | 4:00 | |
| | 5:00 | Advanced Acro – (Valentina) | 5:00 | Beg/Int TEEN Ballet (SK) | 5:00 | Intermediate Lyrical (SP) |
| | 6:30 | Intermediate Acro (Valentina) | 6:00 | Intermediate Ballet (Ages 8-11) (SK) | 6:30 | |
| Saturday | 9:30 | Floor Pilates (SP) All levels | 9:30 | Preschool dance (SK) | | |
| | 10:30 | Senior Ballet/Pointe SK) | 10:30 | Int/Adv Ballet (SP) | | Beg/Int Tap (VB) |
| | 12:00 | | 11:30 | Int/Adv Lyrical (SP) | 11:30 | Beginning Hip Hop (VB) |

SK – Miss Sharon, LF – Miss Laura, JD – Miss Jasmine, AT – Mr. Anthony, EM – Mr. Edwin, CL – Miss Cynthia, IT – Miss Isabella, SP – Miss Suzy, VB – Miss Viktoria